



少林寺  
Shaolin Temple

南華寺  
Nanhua Buddhist Temple

高鐵火車  
Speed Train

## 獨家安排

- 乘高鐵遊中國，從北至南
- "枕中記"中的黃梁：夢呂仙祠
- "清明上河圖"再生實景：清明上河園
- 天下第一剎：少林寺
- 海外華人尋根處：南雄珠璣巷

## UNIQUE FEATURES

- Tour China by high-speed train from north to south
- Lvxianci Temple built according to a story in Song Dynasty
- Qingming Riverside Garden built according to a famous painting in Song Dynasty
- Shaolin known as "The Number One Temple under Heaven"
- The Zhuji Lane where overseas Chinese find their roots



清明上河園  
Qingming Festival Garden

**DAY 1** 原居地 ✈️ 北京  
Home City ✈️ Beijing

今日搭乘豪華客機從原居地飛往北京。  
Depart from home city for Beijing, China.

**DAY 2** 北京  
Beijing

抵達北京國際機場後，由經驗豐富導遊接待，並送往酒店入住休息，晚餐在酒店享受自助晚餐。

住宿：5 漢華國際飯店或同級 (晚餐)  
Upon arrival at Beijing, the Capital of China, guests will be greeted by a local guide and transferred to hotel for rest. Enjoy a buffet dinner in the hotel. (D)

**DAY 3** 北京 ~ 邯鄲  
Beijing ~ Handan

早餐後，搭乘高鐵前往邯鄲（單程約2小時），遊覽武靈叢台。武靈叢台相傳始建於戰國趙武靈王時期，是趙王檢閱軍隊與觀賞歌舞之地，古稱"武靈叢台"。現存古台雄偉壯觀，是明清以來的修復建築。隨後遊覽學步橋。瞭解邯鄲學步典故的由來。最後遊覽黃梁夢呂仙祠。始建於宋代，是根據"黃梁一夢"的故事而建，規模宏偉。主要建築有前院、中院、鐘離殿、呂祖殿、盧生殿等。

住宿：5 邯鄲叢台酒店或同級 (早、午、晚餐)  
This morning take bullet train to Handan (approximately 2 hours). Upon arrival, visit the Wuling Cong Tai Terrace reviewing stand and Toddlers bridge. Afterwards, visit Lvxianci ancestral temple, which was built according to the story of "A Golden Millet Dream" in Song Dynasty. (B/L/D)

**DAY 4** 邯鄲 ~ 開封 ~ 鄭州  
Handan ~ Kaifeng ~ Zhengzhou

早餐後，搭乘高鐵前往鄭州（單程約1小時），隨後前往開封遊覽。包公祠是目前國內外規模最大、資料最全、影響最廣的專業紀念包公的場所。再往遊覽宋都禦街。在400多米長的街道兩側，樓閣店鋪鱗次櫛比，不但看上去古色古香，而且大有出典。最後遊覽清明上河園。是按照1:1的比例把宋代著名畫家張擇端的代表作《清明上河圖》復原再現的大型宋代歷史文化主題公園，整個景區內芳草如茵，古音縈繞，再現當時的古風神韻。

住宿：5 華美達廣場國際酒店或同級 (早、午、晚餐)  
Today begin the tour by taking a morning bullet train to Zhengzhou, the capital of Henan Province. Upon arrival, coach to Kaifeng city to visit the Baogong Memorial Hall, the biggest and most influential place to memorize Baogong. Later, tour Qingming Riverside Landscape Garden, also known as Millennium City Park. The built area consists of several architectural complexes which are the recreations based on the famous twelfth century painting by Zhang Zeduan of 'The Qingming Festival by the Riverside'. (B/L/D)



包公祠  
Baogong Memorial Hall

# 暢遊：北京 邯鄲 鄭州 開封 登封 少林寺 韶關 深圳

# 9天縱橫南北中國高鐵遊

# CHINA DISCOVERY BY HIGH SPEED TRAIN

CSHT11  
逢星期 1



珠璣巷  
Zhuji Lane

## DAY 5 登封 (少林寺) Dengfeng (Shaolin Temple)

早餐後，前往參觀河南博物院，館藏文物達十萬件，特別是史前文物、商周青銅器和歷代陶瓷器，享譽世界。午餐享用正宗的素齋風味，後參觀少林寺，少林寺位於竹林茂密的少室山五乳峰下，故名“少林”。少林寺為中國武術之鄉，也是禪宗祖庭，寺內古建築以（練功房）內地磚之凹陷情形，可知少林功夫深奧之道。隨後參觀歷代少林高僧的塔墓——塔林。目前塔林現存石塔兩百多座形狀各異，是現存中國最大之塔群。特別安排全方位觀看精彩的少林武術表演，表演中間更有邀請貴賓互動參與切磋少林十八班武藝，精湛武藝讓人嘖嘖稱讚。

住宿：5 華美達廣場國際酒店或同級

(早、午、晚餐)

This morning pay a visit to Henan Museum. After enjoying an authentic Vegetarian lunch, visit Shaolin Temple, which is reputed to be 'the Number One Temple under Heaven' and the place of origin for Chinese Zen Buddhism also the cradle of Chinese Martial Art. Later we enjoy a specular Shaolin Kungfu Show. (B/L/D)

## DAY 6 鄭州 ~ 韶關 Zhengzhou ~ Shaoguan

早餐後，搭乘高鐵前往韶關（單程約5小時），抵達後遊覽南華寺，又稱寶林寺，是一座中外聞名的佛教寺院，被譽為嶺南禪林之冠，是禪宗六祖惠能宏揚“南宗禪法”的發源地。六祖惠能在此傳授佛法37年，法眼宗遠傳世界各地，因而南華寺有南禪“祖庭”之稱。南華寺距今已近一千五百年的歷史，寺後有卓錫泉（俗稱九龍泉），幾株高達數十米的古老水松，是世界上稀有的樹木，寺廟現存大量珍貴文物。



武靈叢台  
Wuling Cong Tai Terrace



丹霞山  
Mountain Danxia

住宿：5 碧桂園鳳凰酒店或同級（早、午、晚餐）  
After breakfast, leave Zhengzhou by taking the bullet train to Shaoguan, Guangdong province. Upon arrival, pay a visit to the Nanhua Buddhist Temple, a Buddhist monastery of the Chan School, one of Five Great Schools of Buddhism. It consists of a set of magnificent Buddhist buildings, Precious trees and historical relics. (B/L/D)

## DAY 7 韶關 Shaoguan

早餐後，於韶關遊覽廣東四大名山之一的丹霞山，丹霞山由多座頂平、身陡、麓緩的紅色砂礫岩構成，它是全世界 1200 處丹霞地貌中類型最齊全、造型最獨特、景色最優美、地質地貌最典型的地區，所以也稱之為“露天的地質博物館”；同時景區內擁有世界上獨一無二、貌似神凝的陽元石、陰元石、雙乳石、睡



古佛岩  
Gufo Rock

美人等景點，又使丹霞山有“天然的性文化博物館”之稱。及後車往南雄，遊覽珠璣巷。珠璣巷是梅關驛道上的一個商業重鎮，具有一千一百多年歷史，是珠江三角洲居民的發祥地，也是海外千百萬華僑的尋根的起點。

住宿：5 碧桂園鳳凰酒店或同級（早、午、晚餐）  
Today visit the Mountain Danxia, one of the four renowned mountains in Guangdong province. The Danxia mountain is formed from a reddish sandstone which has been eroded over time into a series of mountains surrounded by curvaceous cliffs and many unusual rock formations (Danxia Landform). It is described on the local signage as a "world famous UNESCO geopark of China". Afterwards, transfer to Nanxiong city, visiting the Zhuji lane, an important Commercial hub on the Meiguan post road with a history of more than 1000 years. (B/L/D)

## DAY 8 韶關 ~ 深圳 Shaoguan ~ Shenzhen

早餐後，遊覽有“地下宮殿”之稱的古佛岩，因洞內的石筍和鐘乳石，形狀如仙似佛，前人在洞內安放過佛像，在洞古佛岩口又建有佛寺而得名。後前往乳源遊覽必背瑤寨，必背是旅居美國、泰國、法國、緬甸、老撾等地的瑤族發祥地。居住在這裡的 6000 多瑤胞是瑤族的一個分支，屬過山瑤。必背瑤寨依山而建，有別致的樹皮房、竹房，依山臨澗的吊角樓別具一格。遊畢乘搭高鐵前往深圳（單程約 90 分鐘）

住宿：5 香格里拉大酒店或同級（早、午、晚餐）  
After breakfast, visit Gufo Rock (Karst cave) and Bibei Yao Village, where is the origin of many Yao people who live abroad. They are famous for their typical houses which are rectangular and structures made of wood and bamboo. Later transfer to Shenzhen by bullet train. (B/L/D)

## DAY 9 深圳 ✈️ 原居地 Shenzhen ✈️ Home City

早餐後自行前往深圳或香港機場，乘飛機飛返原居地。（早餐）

After breakfast, you are free to take the transportation at your own expenses to Shenzhen or Hong Kong airport for a home ward flight. (B)